

Take A Look!



This kiosk is in the back of the library
by the nonfiction stacks.

Age 21 or older?

You are likely to qualify to take part in this study!



What you will be able to do at the health kiosk:

- Check your blood pressure, pulse, grip strength, & weight
- Learn how to improve aspects of your health including your sleep, lifestyle (diet, physical activity, weight), bladder control, mood, and more
- Set personal goals and monitor your progress
- Weekly drawing - Earn chances to win by using the kiosk each week
- Kiosk team member is available, by appointment, to assist you with learning to use the kiosk, if needed

Explore the kiosk here in the library on your own
OR

Sign up to be contacted by a member of our team
to learn more about it

QUESTIONS? 412-624-2069 or healthkiosk@pitt.edu

The Health Kiosk Project is a research project led by the University of Pittsburgh and funded by the Agency for Healthcare Research and Quality.

